

Break It Easy

Level: Easy Intermediate

Genre: Country

Artist: Vixens of Fall

Choreo: Christine Collins

Speed: Normal

Length: 3:32

Sequence: Intro, A, B, A, B, C, D, B*, Intro, Ending

Wait: 16 Beats; Left Foot Lead

Quick Cues

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Intro (16 beats)

16 2 Fancy Vine (L & R)

Part A (52 beats)

8 2 Stomp Double

8 2 Turkey

4 4 Double Step (FWD)

4 Drag and Skip Turn (1/2 R)

4 4 Double Step (FWD)

4 Drag and Skip Turn (1/2 R)

16 2 Red Rooster (L & R)

4 2 Basic

Part B (48 beats)

4 Charley Stomp

4 Fancy Double (1/2 L)

8 2 Joey

4 Charley Stomp

4 Fancy Double (1/2 L)

8 Rock Slur

4 Triple Stomp (FWD)

4 Triple (BK)

8 2 Slide Basic (L & R)

Part A (52 beats)

8 2 Stomp Double

8 2 Turkey

4 4 Double Step (FWD)

4 Drag and Skip Turn (1/2 R)

4 4 Double Step (FWD)

4 Drag and Skip Turn (1/2 R)

16 2 Red Rooster (L & R)

4 2 Basic

Part B (48 beats)

4 Charley Stomp

4 Fancy Double (1/2 L)

8 2 Joey

4 Charley Stomp

4 Fancy Double (1/2 L)

8 Rock Slur

4 Triple Stomp (FWD)

4 Triple (BK)

8 2 Slide Basic (L & R)

Part C (32 beats)

8 Cowgirl

8 2 Mountain Basic (1/4 L ea)

8 Cowgirl

8 Cowboy (1/2L)

Part D (16 beats)

16 2 Clogvine Walk (L & R)

Part B* (48 beats)

4 Charley Stomp

4 Fancy Double (1/2 L)

8 2 Joey

4 Charley Stomp

4 Fancy Double (1/2 L)

8 Rock Slur

4 4 Double Step (FWD)

4 Drag and Skip Turn (1/2 R)

4 4 Double Step (FWD)

4 Drag and Skip Turn (1/2 R)

Intro (16 beats)

16 2 Fancy Vine (L & R)

Ending (15 beats)

8 Cowboy (1/2 L)

7 Short Cowboy (1/2 L)



Step Definitions - Break It Easy

FANCY VINE

DS (OT) DS (XIF) DS (OTS) RS DS (XIF) DS (OTS) RS RS
L R L RL R L RL RL
&1 &2 &3 &4 &5 &6 &7 &8

DOUBLE STEP

DS
L
&1

STOMP DOUBLE: (CAN BE DR INSTEAD OF (P) AT START)

(P) STO DS DS RS
L R L RL
& 1 &2 &3 &4

BASIC

DS RS
L RL
&1 &2

TURKEY: (CAN BE (P) INSTEAD OF DR AT START)

LIFT/DR H-FL (OTS) S (XIB) DS RS
L /R L L R L RL
& 1 & 2 &3 &4

SLIDE BASIC

DS-SL S (XIB) DS RS
L L R L RL
&1 & 2 &3 &4

DRAG & SKIP TURN:

LIFT/DR (BK) S-DR (BK) S (1/2) SL (FWD) S-SL (FWD) S
L /R L L R R L L R
& 1 & 2 & 3 & 4

FANCY DOUBLE

DS DS RS RS
L R LR LR
&1 &2 &3 &4

RED ROOSTER

DS DS (XIF) BA (OTS) BA (XIB) BA (OTS) BA (XIF) DS (OTS) RS RS RS - MOVING L
L R L R L R L RL RL RL
&1 &2 & 3 & 4 &5 &6 &7 &8

CHARLEY STOMP

(P) STO DT SL T-H (BK) RS
L R L R R LR
& 1 & 2 & 3 &4

JOEY

DS BA (XIB) BA (OTS) BA (OTS) BA (XIB) BA (BS) S
L R L R L R L R L
&1 & 2 & 3 & 4

ROCK SLUR:

DS (OTS) SLR-S (XIB) R S (OTS) SLR-S (XIB) R S (OTS) SLR-S (XIB) RS BR SL
L R R L R L L R L R LR L R
&1 & 2 & 3 & 4 & 5 & 6 &7 & 8

TRIPLE STOMP:

DS DS DS STO STO
L R L R L
&1 &2 &3 & 4

TRIPLE:

DS DS DS RS
R L R LR
&1 &2 &3 &4

MOUNTAIN BASIC

(P) STO DT H DS RS
L R L R LR
& 1 & 2 &3 &4

COWGIRL

[DS DS DS BR H] (FWD) [T-H RS] (BK) DS DS
L R L R L R R LR L R
&1 &2 &3 & 4 & 5 &6 &7 &8

COWBOY

[DS DS DS BR (XIF) H] (FWD) [DS (XIF) R (BK) S (XIF) R (BK) S (XIF) R (BK) S (XIF)] (BK)
L R L R L R L R L R L R
&1 &2 &3 & 4 &5 & 6 & 7 & 8

CLOGVINE WALK

DS (OTS) H-S (XIF) DS (OTS) TT-S (XIB) DS (OTS) H-S (XIF) DS RS
L R R L R R L R R L RL
&1 & 2 &3 & 4 &5 & 6 &7 &8

SHORT COWBOY

[DS DS DS BR (XIF) H] (FWD) [DS (XIF) RS (XIF) RS (XIF)] (BK)
L R L R L R LR LR
&1 &2 &3 & 4 &5 &6 &7