

Intro to Clogging Week 1

About Damn Time

Level: Beginner **Genre:** Pop
Artist: Lizzo
Choreo: Amanda Lim (amandahljlim@gmail.com)
Speed: Normal **Length:** 3:11
YouTube: <https://youtu.be/f4EC7fYsV5Q>
Sequence: A B A B C B*
Intro: Wait 8 Beats

Quick Cues

Part A (32 Beats)

8 2 Triples
8 2 Chains
8 2 Triples
8 2 Chains

Part B (39 beats)

8 2 Stomp Joe
8 2 V steps
8 2 Stepping Vine (L & R)
8 2 Stomp Joe
8 2 V steps
4 Stepping Vine (L)
3 Step Vine (R)

Part A (32 Beats)

8 2 Triples
8 2 Chains
8 2 Triples
8 2 Chains

Part B (39 beats)

8 2 Stomp Joe
8 2 V steps
4 2 Stepping Vine (L & R)
8 2 Stomp Joe
8 2 V steps
4 Stepping Vine (L)
3 Step Vine (R)

Part C (16 beats)

4 4 Double Step (1/4 L)
12 REPEAT

Quick Cues

Part B* (39 beats)

8 2 Triple
8 2 Stomp Joe
8 2 V steps
4 Stepping Vine (L)
3 Step Vine (R)
4 4 Double Steps
8 2 Triple

Step Definitions - About Damn Time

TRIPLE:

DS DS DS RS
L R L RL
&1 &2 &3 &4

CHAIN:

DS RS RS RS
L RL RL RL
&1 &2 &3 &4

STOMP JOE:

(P) S (P) K (P) S RS
L R R LR
& 1 & 2 & 3 &4

V STEP: Make a 'V' with your feet

(P) S (P) S (P) S (P) S
L R L R
& 1 & 2 & 3 & 4

STEPPING VINE:

(P) S(OTS) (P) S(XIB) (P) S(OTS) (P) TCHH(OTS)
L R L R
& 1 & 2 & 3 & 4

STEP VINE:

(P) S(OTS) (P) S(XIB) (P) S(OTS)
R L R
& 1 & 2 & 3