

SALT

Level: Easy Intermediate **Genre:** Pop
Artist: Ava Max
Choreo: Amanda Lim (amandahljlim@gmail.com)
Speed: Normal **Length:** 3:00
Sequence: A B C D A B C D E BREAK C D Ending
Wait: 16 Beats; Left Foot Lead

Quick Cues

Part A (32 beats)

4 Charley Stomp
4 2 Front Heel Touch
4 Joey
4 Hillbilly (1/2 R)
16 REPEAT

Part B (32 beats)

4 Walk (FWD)
4 Stomp Double
8 Double Step Slurs (Rft)
4 Walk (BK)
4 Monroe
4 2 Basic (L & R)
4 2 Basketball Turn (1/2 R ea)

Part C (32 beats)

8 Twisty Vine
6 Brush & Twist (Rft)
8 Twisty Vine (Rft)
6 Brush & Twist
4 Fancy Double

Part D (32 beats)

8 Cowboy (1/2 L)
8 2 Outhouse
16 REPEAT

Part A (32 beats)

4 Charley Stomp
4 2 Front Heel Touch
4 Joey
4 Hillbilly (1/2 R)
16 REPEAT

Part B (32 beats)

4 Walk (FWD)
4 Stomp Double
8 Double Step Slurs (Rft)
4 Walk (BK)
4 Monroe
4 2 Basic (L & R)
4 2 Basketball Turn (1/2 R ea)

Quick Cues

Part C (32 beats)

8 Twisty Vine
6 Brush & Twist (Rft)
8 Twisty Vine (Rft)
6 Brush & Twist
4 Fancy Double

Part D (32 beats)

8 Cowboy (1/2 L)
8 2 Outhouse
16 REPEAT

PART E (32 beats)

8 Bonanza Flap
4 Stomp Double (Rft)
4 Triple
16 REPEAT OPP FOOTWORK & DIR

Break (8 beats)

8 Long Jazz Box

Part C (32 beats)

8 Twisty Vine
6 Brush & Twist (Rft)
8 Twisty Vine
6 Brush & Twist
4 Fancy Double

Part D (32 beats)

8 Cowboy (1/2 L)
8 2 Outhouse
16 REPEAT

Ending (1 beat)

1 Pose 😊



Step Definitions - Salt

CHARLEY STOMP:

(P) STO DT SL T-H(BK) RS
L R L R R LR
& 1 & 2 & 3 & 4

WALK:

(P) S (P) (P) S (P)
L R
& 1 & 2 & 3 & 4

BASIC:

DS RS
L RL
& 1 & 2

FRONT HEEL TOUCH:

DS TCHH(F) SL/LIFT
L R L/R
& 1 & 2

STOMP DOUBLE:

(P) STO DS DS RS
L R L RL
& 1 & 2 & 3 & 4

BASKETBALL TURN:

(P) S(FWD) PVT(1/2 R) S
L L R
& 1 & 2

JOEY:

DS BA(XIB) BA(OTS) BA(OTS) BA(XIB) BA(BS) S
L R L R L R L
& 1 & 2 & 3 & 4

FANCY DOUBLE:

DS DS RS RS
L R LR LR
& 1 & 2 & 3 & 4

HILLBILLY:

DS TCH(F) H TCH(F) H TCH(F) H
L R L R L R L
& 1 & 2 & 3 & 4

OUTHOUSE:

DS TCH(OTS) H TCH(XIF) H TCH(OTS) H
L R L R L R L
& 1 & 2 & 3 & 4

DOUBLE STEP SLURS:

DS SLR-S(XIB) R S(DIAG FWD) SLR-S(XIB) R S BR H DS DS
R L L R L R R L R L R
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

TRIPLE:

DS DS DS RS
L R L RL
& 1 & 2 & 3 & 4

MONROE:

(P) STO DS DT BA/BA (TW Heels Left, Hands on Knees)
L R L L/R
& 1 & 2 & 3

(P) BA/BA (TW Heels Back and Stand Up)
L/R
& 4

TWISTY VINE:

DS DS(XIF) R(BK) BA(XIF) R(BK) BA(XIF) BA(OTS) BA(XIB) BA(OTS) S(XIF) DS RS
L R L R L R L R L R L R L RL
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

BRUSH & TWIST:

DS BR H DT [BA/BA] (H'S L) TCHH(F)/BA(BK) LIFT/SL DS RS
L R L R R/L R /L R /L R LR
& 1 & 2 & 3 & 4 & 5 & 6

BONANZA FLAP:

DS DS(XIF) DT H DT H DS(XIB) R(OTS) S(XIF) DR/LIFT-H-FL(OTS) S
L R L R L R L R L R R R L
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

COWBOY:

[DS DS DS BR(XIF) H] (FWD) [DS(XIF) R(BK) S(XIF) R(BK) S(XIF) R(BK) S(XIF)] (BK)
L R L R L R L R L R L R L R
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

LONG JAZZ BOX:

T-H(OTS) T-H(XIF) T-H(BK) T-H(OTS) T-H(XIF) T-H(BK) T-H(OTS) T-H(BS)
L L R R L L R R L L R R L L R R
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8