

Intro to Clogging Week 2

Moves Like Jagger

Revision: Triple, Chain, Cold Heart.

New Steps : Stomp Double, Basic

Music: Shake It Off (From Sing, Nick Kroll, Reese Witherspoon)

Teach - Stomp Double

I Wanna Be Like You (Dimie Cat)

Teach - Basic

Routine: Moves Like Jagger (Maroon 5)

Sequence: Intro A B A B C B

Intro: Wait 8 Beats

Quick Cues

Intro (8 beats)

4 Toe Taps (L)

4 Toe Taps (R)

Part A (32 Beats)

8 2 Triple

8 4 Basics (1/2 L)

16 REPEAT

Part B (32 beats)

8 2 Stomp Double (with clap)

8 2 Chain

16 REPEAT

Part A (32 Beats)

8 2 Triple

8 4 Basics (1/2 L)

16 REPEAT

Part B (32 beats)

8 2 Stomp Double (with clap)

8 2 Chain

16 REPEAT

Part C (34 beats)

4 4 Double Steps (1/4 L)

4 4 Heel Flaps

24 REPEAT

2 2 Double Steps

Part B (32 beats)

8 2 Stomp Double (with clap)

8 2 Chain

16 REPEAT

Step Definitions - Moves Like Jagger

TRIPLE:

DS DS DS RS
L R L RL
&1 &2 &3 &4

CHAIN:

DS RS RS RS (MOVE FWD BK L OR R)
L RL RL RL
&1 &2 &3 &4

STOMP DOUBLE:

(P) STO DS DS RS (CAN BE DR INSTEAD OF (P) AT START)
L R L RL
& 1 &2 &3 &4

BASIC:

DS RS
L RL
&1 &2