

Shut Up and Dance

Level : Intermediate
Artist : Walk The Moon
Choreo : Amanda Lim, Brisbane
Speed : Normal **Length** : 3:19
Sequence : A B C A* B C A** D C* E B* D*
Wait : 8 Beats



Part A (Chorus) - 48 Beats

8 Samantha
8 Race & Drag
8 Samantha
8 Race & Drag
4 Twisty Four
4 Rock Heel Spin & Basic (1/2L)
4 Twisty Four
4 Rock Heel Spin & Basic (1/2L)

Part B - 32 Beats

8 MJ Basic
4 2 Kicks
4 Double Basic & Clap (Bk)
8 Bonanza
8 Rock Step Slurs (Fwd)

Part C - 16 Beats

4 Alabama Chug
4 Rocker (1/2 L)
4 Alabama Chug
4 Rocker (1/2 L)

Part A* (Chorus) - 40 Beats

8 Samantha
8 Race & Drag
8 Samantha
8 Race & Drag
8 Toe Heels (Full Left)

Part B - 32 Beats

8 MJ Basic
4 2 Kicks
4 Double Basic & Clap (Bk)
8 Bonanza
8 Rock Step Slurs (Fwd)

Part C - 16 Beats

4 Alabama Chug
4 Rocker (1/2 L)
4 Alabama Chug
4 Rocker (1/2 L)

Part A** (Chorus) - 32 Beats

8 Samantha
8 Race & Drag
8 Samantha
8 Race & Drag

Part D - 40 Beats

8 2 Slur Basic
8 Double Slur Vine
8 Moonshine
8 Double Slur Vine
8 Moonshine Run

Part C* - 32 Beats

4 Alabama Chug
4 Rocker (1/2 L)
8 Burton Turn Around (Full R)
16 Repeat

Part E - 16 Beats

4 Twisty Four
4 Rock Heel Spin Basic (1/2 L)
8 Repeat

Part B* (Chorus) - 64 Beats

8 MJ Basic
4 2 Kicks
4 Double Basic & Clap (Bk)
8 Bonanza
8 Rock Step Slur Stomp
8 Samantha
8 Race & Drag
8 Samantha
8 Race & Drag

Part D* - 41 Beats

8 Double Slur Vine
8 Samantha
8 Double Slur Vine
8 Samantha
8 Rock Step Slurs
1 Quick Stomp

STEP DESCRIPTIONS TO "SHUT UP AND DANCE"

SAMANTHA: (8)

DS DS (XIF) DR S (BK) DR S (BK) RS DS DS RS
L R R L L R LR L R LR
&1 &2 & 3 & 4 &5 &6 &7 &8

RACE & DRAG: (8)

DS DS (XIF) S (BK) DT (OTS) R (BK) S DS-DR S-DR S-DR S
L R L R R L R R L L R R L
&1 &2 & 3 & 4 &5 & 6 & 7 & 8

KICK: (2)

DS K H
L R L
&1 & 2

TWISTY FOUR: (4)

DS DS (XIF) BA (OTS) BA (XIB) BA (OTS) S (XIF)
L R L R L R
&1 &2 & 3 & 4

ROCK HEEL SPIN & BASIC: (4)

R H (WGT OTS) PVT (1/2 R) S DS RS
L R R L R LR
& 1 & 2 &3 &4

MJ BASIC: (8)

DS DS (XIB) RS (OTS) (P) S (XIB) R (OTS) S RS DS RS
L R LR L R L RL R LR
&1 &2 &3 & 4 & 5 &6 &7 &8

DOUBLE BASIC & CLAP: (4)

DS DS [RS] - (JMP BK) (P) CLAP
L R LR
&1 &2 &3 & 4

BONANZA: (8)

DS DS (XIF) DT H DT H DS (XIB) R (OTS) S (XIF) DS BR H
L R L R L R L R L R L R
&1 &2 & 3 & 4 &5 & 6 &7 & 8

TOE HEEL: (1)

T-H
L L
& 1

ROCK STEP SLURS: (8)

RS (DIAG FWD) SLR-S (XIB) RS (DIAG FWD) SLR-S (XIB) RS BR H DS DS
LR L L RL R R LR L R L R
&1 & 2 &3 & 4 &5 & 6 &7 &8

ALABAMA CHUG: (4)

DS DT (BK) H RS-HD/BA LIFT/SL
L R L RL L/R L/R
&1 & 2 &3 & 4

ROCKER: (4)

RS DS DS RS
LR L R LR
&1 &2 &3 &4

DOUBLE SLUR VINE: (8)

DS (OTS) SLR-S (XIB) DS DS (XIF) DS (OTS) SLR-S (XIB) DS RS
L R R L R L R R L RL
&1 & 2 &3 &4 &5 & 6 &7 &8

SLUR BASIC: (4)

DS (OTS) SLR-S (XIB) DS RS
L R R L RL
&1 & 2 &3 &4

MOONSHINE: (8)

DS DT (XIF) SL DT (X) SL DS DT (XIF) SL DT (X) SL RS BR SL
L R L R L R L R L R LR L R
&1 & 2 & 3 &4 & 5 & 6 &7 & 8

MOONSHINE RUN: (8)

DS DT (XIF) SL DT (X) SL DS DT (XIF) SL DT (X) SL BA BA BA BA
L R L R L R L R L R L R L R
&1 & 2 & 3 &4 & 5 & 6 & 7 & 8

BURTON TURN AROUND: (8)

DS DT (XIF) SL DT (X) SL [BA BA BA] (1/2R) S-DR-SL DS RS
L R L R L R L R L L L R LR
&1 & 2 & 3 & 4 & 5 & 6 &7 &8

QUICK STOMP: (1)

STO STO
L R
& 1

ROCK STEP SLUR STOMP: (8)

RS (DIAG FWD) SLR-S (XIB) RS (DIAG FWD) SLR-S (XIB) RS BR H (P) STO (P) STO
LR L L RL R R LR L R L R
&1 & 2 &3 & 4 &5 & 6 & 7 & 8