

About Damn Time - Beginner

Level: Beginner

Genre: Pop

Artist: Lizzo

Choreo: Amanda Lim

Speed: Normal

Length: 3:11

Sequence: A B C A B C D A* B*

Intro: Wait 16 beats

Quick Cues

Part A (32 beats)

8 2 Triples
8 2 Chains
8 2 Triples
8 2 Chains

Part B (31 beats)

8 2 Stomp Joe
8 2 V Step
8 2 Stepping Vine
8 2 Stomp Joe
8 2 V Step
4 Stepping Vine
3 3 Steps Right

Part A (32 beats)

8 2 Triples
8 2 Chains
8 2 Triples
8 2 Chains

Part B (31 beats)

8 2 Stomp Joe
8 2 V Step
8 2 Stepping Vine
8 2 Stomp Joe
8 2 V Step
4 Stepping Vine
3 3 Steps Right

Part C (16 beats)

4 4 Double Step (1/4 L)

Ending(48 beats)

8 2 Triples
8 2 Stomp Joe
8 2 V Step
4 Stepping Vine
3 3 Steps Right
4 4 Double Step
8 2 Triples

Step Definitions - About Damn Time

TRIPLE:

DS DS DS RS
L R L RL
&1 &2 &3 &4

CHAIN:

DS RS RS RS (MOVE FWD BK L OR R)
L RL RL RL
&1 &2 &3 &4

STEPPING VINE:

(P) S (OTS) S (XIB) S (OTS) TCHH (OTS)
L R L R
& 1 & 2 &

V STEP: Make a 'V' with your feet

(P) S S S S
L R L R
& 1 & 2 &

STOMP JOE:

(P) S (P) K (P) S RS
L R L RL
& 1 & 2 & 3 &4